

### Activity: Create Your Own Character (20 Minutes)

During this activity, the girls will create their own Strong Girl Character based on characters they admire from TV and/or movies.

- Each girl will receive a blank sheet of paper and a character worksheet. There should also be crayons, markers, etc. for them to draw and create their character sketch.
- Explain to the girls that they will be creating their own characters, drawing upon both the traits or qualities that they really like about themselves and what they like to see in strong female characters.
- If the girls need help, brainstorm ideas about traits or qualities with them. You can do this with small groups or individually, depending on what works best for them.
- After they brainstorm their character, they should also draw her as they see her on the blank sheet.
- As the girls are working, monitor their work. You can also create your own character with them.
- As the girls finish, give them the opportunity to share their characters with the group.

### Discussion Questions

- How is the character you created inspired by yourself or other characters you have read about or seen on TV or in the movies before?
- How do you think she could impact the world she lives in in a positive way (or impact those who read about her)?

## Create Your Own Character Worksheet

1. Brainstorm at least six traits that you would like your girl to have. These can be drawn from things you like about yourself and/or you can be creative and think outside of yourself. Remember that strength can mean many things. Consider traits like intelligence, persistence, kindness, leadership, and courage.

2. Give your character a name. Make it something you think would be memorable.

3. Give her something to do. What kind of story will she be the star of? What kind of hobbies does she have? What is she especially good at? Can she read at the speed of light? Kick a soccer ball the entire length of the field? Make people laugh even when they don't want to?

4. Now, think about how you see her in your mind. What does she look like to you? What does she always have with her? What does she like to wear when she leaves the house? How would she describe herself to others?

**After you've finished, create an actual sketch of your character, using the art materials you have. Think about how an illustrator would draw your character based on the description you provided above, and try to make her come to life on the page. Make sure you include her name somewhere in the sketch.**