



STRONG WOMEN STRONG GIRLS



Our Story

Strong Women, Strong Girls champions the aspirations and potential of girls from under-resourced communities through innovative mentorship programming. Every week, we bring college women mentors together with girls in grades 3-5 at program sites around the Pittsburgh and Boston areas. Using our unique skill-building curriculum, mentors and mentees explore the stories of strong female role models and engage in growth-fostering activities and discussions.

Our college women also build strong mentoring relationships with professional women, known as Strong Leaders. Through one-on-one matches and networking events, college participants gain personal insight and real-world career guidance from a supportive female community.

At SWSG, we believe in the power and importance of strong female role models and mentors for women and girls. We are building a diverse pipeline of strong female leadership in and for the our region.

Our Impact in Boston

It is projected that approximately 8 million girls in the U.S. will reach adulthood without exposure to or interaction with a mentor.¹

Each year, we engage
90+ professional women,
275+ college women
mentors, and **600+** girls.



Since 2004, we've provided high-quality mentorship programming to thousands of girls in Boston.

Mentors from our seven college chapters donate over **30,000** hours of service at **45+** program sites annually.

Our Model

Professional Women

- Mentor our college women through one-on-one matches in the Strong Leaders Program.
- Fulfill essential volunteer roles at our major annual events.
- Share experiences and network with peers and college women during group professional development experiences.



College Women

- Deliver a 20-week curriculum based on strong female role models to girls at 45+ sites.
- Encourage girls' aspirations by building positive relationships.
- Develop as leaders and professionals through program involvement and mentoring relationships with our professional women.



Strong Girls

- Participate in weekly, after-school mentoring sessions focused on diverse female role models.
- Build supportive, growth-fostering relationships with committed college mentors.
- Practice skills like teamwork, leadership, and critical thinking through energetic and creative activities.



Our women and girls dream big and build their capacity to turn those dreams into reality!

Connect with us! 617.459.1500 | SWSG.org | Boston@swsg.org



Our Program

How It Works

Each week, our College Mentors lead girls through a lesson focused on a strong female role model that teaches skills like **teamwork, leadership, and critical thinking** through energetic and creative activities. Based on the 6Cs of Positive Youth Development, our 3-year curriculum takes girls through an exploration of self-identity (**Year of the Girl**), future orientation and goals (**Girlforce**), and social activism/community service (**Gamechangers**). Our role models are females who reinforce the 6Cs, represent the diversity of mentees, are inspirational, introduce new perspectives, and highlight an array of backgrounds and experiences. This flexibility allows us to introduce mentees to role models in a variety of fields including the arts, STEM, politics, business, and activism.

SWSG & STEM

This year, in our Gamechangers curriculum, we are highlighting five women and girls in the STEM field. Girls will learn how climate change is impacting our world and what climate activists are doing to help, as well as how they can make a difference themselves. By highlighting women and girls in STEM, we hope to spark connection and interest in STEM within our mentees. These role models include:



Autumn Peltier,
Activist Member
of an Indigenous
Community



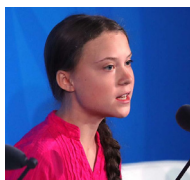
Mariamma White
Hammond,
Boston Activist



Xiye Bastida,
Activist Member
of an Indigenous
Community



Paola Santana,
Technological
Innovator



Greta Thunberg,
Global Activist

Get Involved

College Women

Join an SWSG chapter at one of our partner schools (Boston College, Boston University, Harvard, Northeastern, Simmons, Tufts, and UMass Boston) and volunteer your time to mentor girls in under-resourced communities around Boston. No chapter at your school? Let us know - there are still ways to get involved.

Professional Women

Join SWSG's Strong Leaders Program and mentor a college woman one-on-one or participate in group networking experiences, like professional development series alongside college women and opportunities to build community with your fellow professional women volunteers.

Event Volunteers

From spring and fall Mentor Training to our annual Women's Leadership Breakfast and Jump into Spring, there's always a lot going on at SWSG Boston. Help us make a difference by volunteering to work at an event in areas such as event logistics, speaking/facilitation, and more.

**Ready to get involved? Email us at
Boston@SWSG.org.
We can't wait for you to
join our community.**

